

Just how *underf**ked* are you?

TAKE THIS QUIZ AND FIND OUT.

- You feel uncomfortable when people talk about sex.
- You read *50 Shades of Grey* several times and have started a book club for it.
- You lack sexual confidence.
- You have frequent bouts of road rage and belittle shop clerks all too often.
- Your husband/boyfriend complains that you nag A LOT.
- Sexy, confident women incite jealousy and discomfort in you.
- Though the scenes in *50 Shades of Grey* turn you on, the idea of letting go of control like that scares you.
- You overeat and emotionally eat.
- You are depressed. Listless. Have little motivation to get anything done.
- A hot, passionate and visceral night means you watched *Game of Thrones*.
- You can't have sex without needing vaginal lubricant at some point.
- You are prone to uneven emotional outbursts: crying one moment and angry the next.
- You have lost interest in sex. No. Libido. Whatsoever.
- You suffer from severe PMS (and hence, so does everyone around you).
- You have trouble reaching orgasm.
- You find it very difficult to open up and express yourself sexually.
- Your vagina feels numb.
- You and your intimate partner are more "buddies" than "lovers."
- Your business is wilting. Your job is stifling. You feel stuck in your career.
- You feel embarrassed about your body and are uncomfortable naked.
- You feel sexually inhibited and shy. You have a hard time asking for what you want.
- People around you (like your partner) call you a "control freak."
- You have never had a vaginal or G-Spot orgasm.
- You have sex less than once a week.
- You find every excuse not to have sex with your partner: children, chores, social engagements. You allow it to fall to the bottom of your priority list.

SCORING





Scoring

IF YOU CHECKED OFF:

1-5 items

You may be decently well-fked.**

Good job! Reading further is optional for you, though you know there is always more to learn.

6-11 items

Moderately underfked.**

Your lack of sexual juice is having a negative impact on your existence. What would your life be like if you decided to face this issue?

12-17 items

Very underfked.**

All parts of your life are effected by this tragic disease. You are reaching the danger zone. You need help!

18-25 items

Severely underfked.**

You are so underf**ked, you're f**ked. Drop everything, watch all these videos and act now to save your life.